



Date: February 5, 2025

Hello,

Effective July 1, 2025, I will no longer accept insurance payments for services at my practice. This has been a challenging and difficult decision to make, and I am aware of the impact it will have on your ability to continue working with me as many of you rely on your insurance coverage to pay for sessions.

For the past 5 years, my billing service has handled filing claims and connected with your insurance companies to follow up with any claim issues. At times, this has caused many months of delayed payments while I continued to provide services to you or your family. In addition, reimbursement rates in the behavioral health insurance industry have been slow to keep up with growing expenses and liabilities that come with being a counselor in private practice.

I hope I can continue to provide the therapy service on which you have come to depend and rely. Should you wish to continue working with me, my fee schedule will remain as indicated on my website. If you wish to find another practitioner, I would be glad to provide a referral. Please feel free to reach out to me with any questions and concerns.

Very respectfully yours,

Trudy E. Kim, ATR-BC, LPC, NCC, CCATP, TCTSY-F, CTMH
Board Certified Art Therapist
Licensed Professional Counselor
Board Certified Counselor
Certified Clinical Anxiety Treatment Professional
Trauma Center Trauma-Sensitive Yoga Facilitator
Certified Telemental Health Provider